

# DanzArts' Fall Spring 2022-2023

Fall Semester 9/01-1/15/23 Spring Semester 1/16-5/25/23

## MONDAY

<b>Musical Theater</b> 4:30-5:30 David	<b>JPT</b> 4:30-5:30 Gigi
<b>Level 5-8 Ballet</b> 5:30-7:00 Gigi	<b>Level 3/4 Hip Hop</b> 5:30-6:15
	<b>Level 2 Hip Hop</b> 6:15-7:00
<b>Level 7/8 Pointe</b> 7:00-8:00 Hannah	<b>Level 5/6 Pointe</b> 7:00-8:00 Paula
<b>Improv</b> 8:00-9:00 Michael	

## TUESDAY

<b>Level 2 Ballet/Jazz &amp; Tap</b> 4:30-6:00 Paula	<b>Strength &amp; Flexibility</b> 4:30-5:30 Charlie
	<b>Level 3/4 Jazz</b> 5:30-6:15
<b>Level 5-8 Hip Hop</b> 6:00-7:00 Charlie	<b>Level 3/4 Contemp</b> 6:15-7:00
<b>Level 7/8 Contemp</b> 7:00-8:30 Paula	<b>Level 5/6 Contemp</b> 7:00-8:00 Lisa

## WEDNESDAY

	<b>CM</b> 3:45-4:15
	<b>PreBallet</b> 4:15-5:00 Kathleen
<b>Level 5-8 Ballet</b> 4:30-6:00 Paula	<b>Level 1 Ballet/Tap</b> 5:00-6:00 Kathleen
<b>Level 5/6 Tap</b> 6:00-7:00 Paula	<b>Level 7/8 Jazz</b> 6:00-7:00 David
<b>Level 7/8 Tap</b> 7:00-8:00 Paula	<b>Level 5/6 Jazz</b> 7:00-8:00 David
<b>Slow Flow Recovery Yoga</b> 8:00-9:00 Michael	

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## THURSDAY

<b>SPT</b> 4:30-5:30 Gigi	<b>Level 1 Ballet/Tap</b> 4:30-5:30 Paula
<b>Level 7/8 Ballet</b> 5:30-7:00 Brooke	<b>Level 5/6 Ballet</b> 5:30-7:00 Paula
<b>Level 7/8 Pointe</b> 7:00-8:00 Brooke	<b>Level 5/6 Pointe</b> 7:00-8:00 Paula
<b>Broadway Jazz</b> 8:00-9:00 Michael	

## FRIDAY

<b>Level 3/4 Ballet</b> 4:30-5:45 Paula	<b>Pilates for Dancers</b> 4:45-5:45 Alissa
<b>Level 5-8 Ballet</b> 5:45-7:15 Paula	<b>Level 3/4 Tap</b> 5:45-6:30
<b>Level 5-8 Muller Technique</b> 7:15-8:45 Michael	

## SATURDAY

<b>Level 5-8 Ballet</b> 9:00-10:30 Brooke	
<b>Pointe &amp; Variations</b> 10:30- 11:30 Brooke	<b>CM</b> 10:30-11
<b>Level 2 Ballet/Jazz &amp; Tap</b> 11:30-1:00 Brooke	<b>Pre Ballet</b> 11:00- 11:45
	<b>Level 1 Ballet/Tap</b> 11:45- 12:45 Kathleen

## SUNDAY

<b>Yoga for Dancers</b> 9:00-10:00 Michael
<b>Adv Beg/Int Teen &amp; Adult Ballet</b> 10:00- 11:30 Michael
<b>Contemp Jazz Fusion</b> Noon-1:30 Michael

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