

Des Moines DanzArts' Fall/Spring 2025-2026
Fall Semester 8/27/25-1/11/26 Spring Semester 1/12/26-5/21/26
Full details @ www.desmoinesdanzartstudio.com

Young Dancer Program through Level 3/4

Creative Movement – 3 yr olds must be 4 by 9/01

Wednesday 4:30-5:00 Kathleen
Saturday 11:00-11:30 Kathleen

Pre Ballet – 4 yr olds must be 4 by 9/01

Saturday 11:30-12:15 Kathleen

Level 1 – 5 & 6 yr olds must be 5 by 9/01

Wednesday Ballet & Tap 5:00-6:00 Kathleen
Saturday Ballet & Tap 12:15-1:15 Kathleen

Level 2 - 7 & 8 yr olds must be 7 by 9/01

Monday Ballet, Jazz & Tap 5:30-7:00 Paula
Tuesday Ballet, Jazz & Tap 4:30-6:00 Paula
Saturday Hip Hop 2:00-2:45 Charlie

Level 3/4 approx. ages 9-11 * There is room to grow within this level. We suggest a young dancer may wish to start off with a ballet class a week plus an elective. Older dancers may wish to do a ballet class with several electives. Junior Progressing Ballet Technique (JPT) is a must for young dancers working towards pointe shoes! The sky is the limit, it is up to you! * Placement is determined by faculty.

Tuesday Junior Progressing Technique 4:30-5:30 Gigi **N**
Tuesday Jazz 5:30-6:15 Lisa
Tuesday Contemporary 6:15-7:00 Lisa
Friday Ballet 4:30-5:45 Paula
Friday Tap 5:45-6:30 Alissa
Saturday Hip Hop 2:45-3:30 Charlie

N-No Recital Class

Level 5/6 on next page...

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Level 5/6 approx. age 12-14

* *Pointe dancers must take 2 ballet classes a week plus Senior Progressing Ballet Technique class (SPT)* * Placement is determined faculty. If you are a dancer in this level not quite ready for pointe shoes, we encourage you to take the Pointe classes in soft shoes as preparation towards your goal of being on Pointe.
New to DanzArts and not sure what to take? We are here to help. Simply call or email us and we can help guide you.

Monday Musical Theater 4:30-5:30 Kathleen

Monday Senior Progressing Technique 4:30-5:30 Gigi **N** * *pointe dancers must take. If you have not taken this class before you should begin in the Junior Progressing Technique class Tuesday @ 4:30pm unless otherwise advised*

Monday Level 5-8 Ballet 5:30-7:00 Gigi **N**

Monday Level 6 Pointe 7:00-8:00 Scout* *with faculty approval*

Tuesday Hip Hop 6:00-7:00 Charlie

Tuesday Jazz 7:00-8:00 Lisa

Wednesday Level **6**-8 Ballet 4:30-6:00 Paula *not recommended for level 5 dancers*

Wednesday Level 6 Pointe 7:00-8:00 Megan* *with faculty approval*

Thursday Ballet 4:30-6:00 Paula

Thursday Tap 6:00-7:00 Paula

Friday Contemporary 4:45-5:45 Alissa

Saturday Ballet 9:30-11:00 Paula

Saturday Flamenco 12:00-1:00 Paula

N-No Recital Class

Level 7/8 on next page...

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Levels 7/8 & Adults approx. age 15 & up *

**At this Level Pointe dancers must take 2 ballet classes a week plus Senior Progressing Ballet Technique class (SPT) ** Placement is determined by faculty

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Monday Musical Theater 4:30-5:30 Kathleen

Monday Senior Progressing Technique 4:30-5:30 Gigi **N** * *pointe dancers must take. If you have not taken this class before you should begin in the Junior Progressing Technique class Tuesday @ 4:30pm unless otherwise advised*

Monday Level 5-8 Ballet 5:30-7:00 Gigi **N**

Monday Pointe 7:00-8:00 Lucy * *with faculty approval*

Monday Jazz 8:00-9:00 Paula

Tuesday Contemporary 7:00-8:30 Paula

Wednesday Level 6-8 Ballet 4:30-6:00 Paula

Wednesday Pointe 6:00-7:00 Noah * *with faculty approval*

Wednesday Tap 7:00-8:00 Paula

Thursday Hip Hop 4:30-5:30 Charlie

Thursday Ballet 5:30-7:00 Brooke

Thursday Pointe Variations 7:00-8:00 Brooke * *with faculty approval*

Thursday Limon Contemporary 8:00-9:00 Kathleen

Thursday **Beginning** Teen/Adult Tap 7:00-8:00 **N** Paula *Don't know what a flap or a shuffle is? This class is for you!*

Friday Ballet 5:45-7:15 Paula

Friday Pointe 7:15-8:15 Scout * *with faculty approval*

Friday Adult Movement class 6:30-7:30 Kathleen **N** *Beg/Int movement class is a multi-genre class that will touch on ballet, modern/contemporary, stretch/conditioning, ballroom, and choreography/repertoire*

Saturday Level Ballet 9:30-11:00 Eddie **N**

Saturday Ballet Partnering 11:00-Noon Eddie **N**

Saturday Flamenco 12:00-1:00 Paula

N-No Recital Class