

Des Moines DanzArts' Spring 2022

Full details at www.desmoinesdanzartstudio.com

Classes Resume 01/03/22 Spring Semester 1/10/22-5/20/22

Young Dancer Program through Level 3/4

Face Masks are Required at this Time

Creative Movement – 3 yr olds must be 3 by 9/01/21

Saturday 11:30-Noon Kathleen

Pre Ballet – 4 yr olds must be 4 by 9/01/21

Wednesday 5:15-6:00 Kathleen

Level 1 – 5 & 6 yr olds must be 5 by 9/01/21

Wednesday Ballet & Tap 4:15-5:15 Kathleen

Thursday Ballet & Tap 4:30-5:30 Paula

Saturday Ballet & Tap 10:30-11:30 Kathleen

Level 2 - 7 & 8 yr olds must be 7 by 9/01/21

Monday Ballet, Jazz & Tap 4:30-6:00 Paula

Level 3/4 approx. ages 9-11 * There is room to grow within this level. We suggest young dancers may wish to start off with a ballet class a week and an elective. Older dancers may wish to do a ballet class with several electives. Junior Progressing Ballet Technique (JPT) is a must for young dancers working towards pointe shoes! The sky is the limit it is up to you! * Placement is determined by faculty.

Monday Ballet 6:00-7:15 Paula

Tuesday JPT 4:30-5:30 Gigi **N**

Tuesday Jazz 5:30-6:15 Lisa

Tuesday Contemporary 6:15-7:00 Lisa

Friday Tap 4:30-5:15 Paula

Friday Ballet 5:15-6:30 Paula

N-No Recital Class

Level 5/6 on next page...

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Level 5/6 approx. age 12-14

** Pointe dancers must take 2 ballet classes a week plus Senior Progressing Ballet Technique class (SPT) or (JPT)* Placement is determined faculty.* If you are a dancer in this level not quite ready for pointe shoes, we encourage you to take the Pointe classes in soft shoes as preparation towards your goal of being on Pointe. Some ballet classes are combined Levels 5-8 (L5-8). These classes will be designed towards the higher Level 7/8. *Faculty approval will be needed to enroll in these classes.
Face Masks Are Required at this time

Monday Jazz 4:30-5:30 David

Monday Musical Theater 5:30-6:30 David

Monday Beginning Teen/Adult Tap 7:30-8:15 Paula

Tuesday Pilates for Dancers 4:30-5:30 Alissa

Tuesday JPT 4:30-5:30 Gigi **N** ** if you have not done SPT this is the class you should sign up for -pointe dancers must take SPT or JPT*

Tuesday Ballet (L5-8) 5:30-7:00 Gigi **N** ** with faculty approval*

Tuesday Pointe 7:00-8:00 Gigi **N** ** with faculty approval*

Wednesday Ballet (L5-8) 4:30-6:00 Paula ** with faculty approval*

Wednesday Tap 6:00-7:00 Paula

Thursday SPT 4:30-5:30 Gigi **N** ** this class is for dancers who have already taken JPT*pointe dancers must take SPT or JPT*

Thursday Ballet 5:30-7:00 Paula

Thursday Pointe 7:00-8:00

Friday Contemporary 4:30-5:30 Alissa

Friday Pilates for Dancers (L5-8) 5:30-6:30 Alissa

Saturday Ballet (L5-8) 9:30-11:00 Brooke ** with faculty approval*

Saturday Pointe & Variations (L5-8) 11:00-Noon Brooke ** with faculty approval*

Saturday Hip Hop (L5-8) Noon-1:00 Mary

Need more classes? Talk to our office about our recommendations for a class(es) in different levels to build an individual schedule. Remember we use age as a rough placement guide. We want to look at each dancer as an individual.

N-No Recital Class

Level 7/8 on next page

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Classes Resume 01/03/22 Spring Semester 1/10/22-5/20/22

Levels 7/8 & Adults approx. age 15 & up *

**At this Level Pointe dancers must take 2 ballet classes a week plus Senior Progressing Ballet Technique class (SPT) * Placement is determined by faculty . Face Masks Are Required at this time*

Monday Musical Theater 5:30-6:30 David

Monday Jazz 6:30-7:30 David

Monday Beginning Teen/Adult Tap 7:30-8:15 Paula

Tuesday Pilates for Dancers 4:30-5:30 Alissa

Tuesday JPT 4:30-5:30 Gigi **N** ** if you have not done SPT this is the class you should sign up for -pointe dancers must take SPT or JPT*

Tuesday Ballet (L5-8) 5:30-7:00 Gigi **N**

Tuesday Contemporary 7:00-8:30 Paula

Wednesday Ballet (L5-8) 4:30-6:00 Paula

Wednesday Pointe 6:00-7:00

Wednesday Tap 7:00-8:00 Paula

Thursday SPT 4:30-5:30 Gigi **N** ** this class is for dancers who have already taken JPT *pointe dancers must take SPT or JPT*

Thursday Ballet 5:30-7:00 Brooke

Thursday Pointe 7:00-8:00 Brooke *

Friday Pilates for Dancers (L5-8) 5:30-6:30 Alissa

Friday Ballet 6:30-8:00 Paula

Saturday Ballet (L5-8) 9:30-11:00 Brooke

Saturday Pointe & Variations (L5-8) 11:00-Noon Brooke *

Saturday Hip Hop (L5-8) Noon-1:00 Mary

Need more classes? Talk to our office about our recommendations for a class(es) in different levels to build an individual schedule. Remember we use age as a rough placement guide. We want to look at each dancer as an individual.

N-No Recital Class

*- All Pointe Classes must have faculty approval