

Des Moines DanzArts' Summer 2024 6/3-8/11 10 weeks (NO CLASSES JULY 4TH)

Full details @ www.desmoinesdanzartstudio.com

Returning this Summer: Kid's Co' Motion Dance Theater

For dancers ages 8 to 18 (please see our pdf for full details)

8/12-8/16 Monday through Friday 10:00-3:30 Finale performance Friday

Young Dancer Program through Level 3/4

Creative Movement – 3 yr olds must be 3 by 6/01

Saturday 10:15-10:45 Kathleen

Pre Ballet – 4 yr olds must be 4 by 6/01

Wednesday 4:15-5:00 Kathleen

Level 1 – 5 & 6 yr olds must be 5 by 6/01

Wednesday Ballet & Tap 5:00-6:00 Kathleen

Saturday Ballet & Tap 10:45-11:45 Kathleen

Level 2 - 7 & 8 yr olds must be 7 by 6/01

Monday Ballet, Jazz & Tap 4:30-6:00 Paula/Kathleen

Thursday Hip Hop 4:30-5:15 Charlie

Level 3/4 approx. ages 9-11 * There is room to grow within this level. We suggest a young dancer may wish to start off with a ballet class a week and an elective. Older dancers may wish to do a ballet class with several electives. Junior Progressing Ballet Technique (JPT) is a must for young dancers working towards pointe shoes! The sky is the limit it is up to you! * Placement is determined by faculty.

Don't forget Kid's Co-Motion Dance Theater Week! 8/12-8/16

Monday through Friday 10:00-3:30 Finale performance Friday

(See pdf for full details)

Tuesday Junior Progressing Technique 4:30-5:30 Gigi

Tuesday Jazz 5:30-6:15 Lisa

Tuesday Contemporary 6:15-7:00 Lisa

Wednesday Ballet 4:30-5:45 Brooke

Wednesday Tap 5:45-6:30 Brooke

Thursday Hip Hop 5:15-6:00 Charlie

Level 5/6 on next page...

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Level 5/6 approx. age 12-14

** Pointe dancers must take 2 ballet classes a week plus Senior Progressing Ballet Technique class (SPT) * Placement is determined faculty.* If you are a dancer in this level not quite ready for pointe shoes, we encourage you to take the Pointe classes in soft shoes as preparation towards your goal of being on Pointe.

New to DanzArts and not sure what to take? We are here to help. Simply call or email us and we can help guide you.

Don't forget Kid's Co-Motion Dance Theater Week! 8/12-8/16

Monday through Friday 10:00-3:30 Finale performance Friday (See pdf for full details)

Monday Level 5-8 Hip Hop 4:30-5:30 Charlie

Monday Level 5-8 Ballet 5:30-7:00 Gigi

Monday Level 5 Beg/Int Pointe 7:00-8:00 Paula/Gigi ** with faculty approval*

Tuesday Level 5-8 Midday Ballet 11:00-12:30 Paula/Eddie

Tuesday Level 6-8 Pointe 12:30-1:30 Cora ** with faculty approval*

Tuesday Junior Progressing Technique 4:30-5:30 Gigi ***

Tuesday Strength & Flexibility for Dancers 4:30-5:30 Charlie

Tuesday Senior Progressing Technique 5:30-6:30 Gigi ** pointe dancers must take. If you have not taken this class before you should begin summer in the Junior Progressing Technique class Tuesday @ 4:30pm unless otherwise advised*

Tuesday Contemporary 7:00-8:00 Lisa

Wednesday Level 5-8 Midday Ballet 11:00-12:30 Paula/Eddie

Wednesday Level 6-8 Pointe 12:30-1:30 Cora ** with faculty approval*

Wednesday Pilates for Dancers 6:00-7:00 Alissa

Wednesday Jazz/Funk 7:00-8:00 Michael

Wednesday Slow Flow Recovery Yoga 8:00-9:00 Michael

Thursday Musical Theater 4:30-5:30 Michael

Thursday Level 5-8 Ballet 5:30-7:00 Brooke

Thursday Level 6-8 Pointe 7:00-8:00 Brooke ** with faculty approval*

Friday Level 5-8 Ballet 4:30-6:00 Dana

Saturday Level 5-8 Ballet 9:30-11:00 Brooke

Saturday Pointe & Variations 11:00-Noon Brooke ** maybe taken in soft shoes if ballet dancer not en pointe*

Level 7/8 on next page...

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Levels 7/8 & Adults approx. age 15 & up *

**At this Level Pointe dancers must take 2 ballet classes a week plus Senior Progressing Ballet Technique class (SPT) * Placement is determined by faculty*

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Monday Level 5-8 Hip Hop 4:30-5:30 Charlie

Monday Level 5-8 Ballet 5:30-7:00 Gigi

Monday Adult Beg/Int Ballet & Contemporary 6:15-7:45 Kathleen

Tuesday Level 5-8 Midday Ballet 11:00-12:30 Paula

Tuesday Level 6-8 Pointe 12:30-1:30 Cora ** with faculty approval*

Tuesday Strength & Flexibility for Dancers 4:30-5:30 Charlie

Tuesday Senior Progressing Technique 5:30-6:30 Gigi ** pointe dancers must take. If you have not taken this class before you should begin summer in the Junior Progressing Technique class Tuesday @ 4:30pm unless otherwise advised*

Tuesday Contemporary 6:30-8:00 Paula

Wednesday Level 5-8 Midday Ballet 11:00-12:30 Paula/Eddie

Wednesday Level 6-8 Pointe 12:30-1:30 Cora ** with faculty approval*

Wednesday Pilates for Dancers 6:00-7:00 Alissa

Wednesday Jazz/Funk 7:00-8:00 Michael

Wednesday Slow Flow Recovery Yoga 8:00-9:00 Michael

Thursday Musical Theater 4:30-5:30 Michael

Thursday Level 5-8 Ballet 5:30-7:00 Brooke

Thursday Level 6-8 Pointe 7:00-8:00 Brooke ** with faculty approval*

Friday Level 5-8 Ballet 4:30-6:00 Dana

Friday Muller Contemporary 6:00-7:30 Michael

Saturday Level 5-8 Ballet 9:30-11:00 Brooke

Saturday Pointe & Variations 11:00-Noon Brooke ** maybe taken in soft shoes if ballet dancer not en pointe*