

**Des Moines DanzArts' Fall/Spring 2025-2026**  
**Fall Semester 8/27/25-1/11/26 Spring Semester 1/12/26-5/21/26**  
Full details @ [www.desmoinesdanzartstudio.com](http://www.desmoinesdanzartstudio.com)

**Young Dancer Program through Level 3/4**

**Creative Movement – 3 yr olds must be 4 by 9/01**

Wednesday 4:30-5:00 Kathleen

Saturday 11:00-11:30 Kathleen

**Pre Ballet – 4 yr olds must be 4 by 9/01**

Saturday 11:30-12:15 Kathleen

**Level 1 – 5 & 6 yr olds must be 5 by 9/01**

Wednesday Ballet & Tap 5:00-6:00 Kathleen

Saturday Ballet & Tap 12:15-1:15 Kathleen

**Level 2 - 7 & 8 yr olds must be 7 by 9/01**

Monday Ballet, Jazz & Tap 5:30-7:00 Paula

Tuesday Ballet, Jazz & Tap 4:30-6:00 Paula

Saturday Hip Hop 2:00-2:45 Charlie **starts 11/08**

**Level 3/4 approx. ages 9-11** \* There is room to grow within this level. We suggest a young dancer may wish to start off with a ballet class a week plus an elective. Older dancers may wish to do a ballet class with several electives. Junior Progressing Ballet Technique (JPT) is a must for young dancers working towards pointe shoes! The sky is the limit, it is up to you! \* Placement is determined by faculty.

Tuesday Junior Progressing Technique 4:30-5:30 Gigi **N**

Tuesday Jazz 5:30-6:15 Lisa

Tuesday Contemporary 6:15-7:00 Lisa

Friday Ballet 4:30-5:45 Paula

Friday Tap 5:45-6:30 Alissa

Saturday Hip Hop 2:45-3:30 Charlie **starts 11/08**

**N**-No Recital Class

**Level 5/6 on next page...**

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**Level 5/6 approx. age 12-14**

*\* Pointe dancers must take 2 ballet classes a week **plus** Senior Progressing Ballet Technique class (SPT) \* Placement is determined faculty.* If you are a dancer in this level not quite ready for pointe shoes, we encourage you to take the Pointe classes in soft shoes as preparation towards your goal of being on Pointe.  
New to DanzArts and not sure what to take? We are here to help. Simply call or email us and we can help guide you.

Monday Musical Theater 4:30-5:30 Kathleen

Monday Senior Progressing Technique 4:30-5:30 Gigi **N** *\* pointe dancers must take. If you have not taken this class before you should begin in the Junior Progressing Technique class Tuesday @ 4:30pm unless otherwise advised*

Monday Level 5-8 Ballet 5:30-7:00 Gigi **N**

Monday Level 6 Pointe 7:00-8:00 Scout *\* with faculty approval*

Tuesday Hip Hop 6:00-7:00 Charlie **starts 11/4**

Tuesday Jazz 7:00-8:00 Lisa

Wednesday Level **6**-8 Ballet 4:30-6:00 Paula *not recommended for level 5 dancers*

Wednesday Level 6 Pointe 7:00-8:00 Megan *\* with faculty approval*

Thursday Ballet 4:30-6:00 Paula

Thursday Tap 6:00-7:00 Paula

Friday Contemporary 4:45-5:45 Alissa

Saturday Ballet 9:30-11:00 Paula

Saturday Flamenco 12:00-1:00 Paula

**N**-No Recital Class

**Level 7/8 on next page...**

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**Levels 7/8 & Adults approx. age 15 & up \***

*\*At this Level Pointe dancers must take 2 ballet classes a week **plus** Senior Progressing Ballet Technique class (SPT) \* Placement is determined by faculty*

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Monday Musical Theater 4:30-5:30 Kathleen

Monday Senior Progressing Technique 4:30-5:30 Gigi **N** *\* pointe dancers must take. If you have not taken this class before you should begin in the Junior Progressing Technique class Tuesday @ 4:30pm unless otherwise advised*

Monday Level 5-8 Ballet 5:30-7:00 Gigi **N**

Monday Pointe 7:00-8:00 Lucy *\* with faculty approval*

Monday Jazz 8:00-9:00 Paula

Tuesday Contemporary 7:00-8:30 Paula

Wednesday Level 6-8 Ballet 4:30-6:00 Paula

Wednesday Pointe 6:00-7:00 Noah *\* with faculty approval*

Wednesday Tap 7:00-8:00 Paula

Thursday Hip Hop 4:30-5:30 Charlie **starts 11/6**

Thursday Ballet 5:30-7:00 Brooke

Thursday Pointe Variations 7:00-8:00 Brooke *\* with faculty approval*

Thursday Limon Contemporary 8:00-9:00 Kathleen

Thursday **Beginning** Teen/Adult Tap 7:00-8:00 **N** Paula *Don't know what a flap or a shuffle is? This class is for you!*

Friday Ballet 5:45-7:15 Paula

Friday Pointe 7:15-8:15 Scout *\* with faculty approval*

Friday Adult Movement class 6:30-7:30 Kathleen **N** *Beg/Int movement class is a multi-genre class that will touch on ballet, modern/contemporary, stretch/conditioning, ballroom, and choreography/repertoire*

Saturday Level Ballet 9:30-11:00 Eddie **N**

Saturday Ballet Partnering 11:00-Noon Eddie **N**

Saturday Flamenco 12:00-1:00 Paula

**N**-No Recital Class