

Des Moines DanzArts' Summer 2023 6/5-8/13
10 weeks (NO CLASSES JULY 4TH)

Full details @ www.desmoinesdanzartstudio.com

Returning this Summer: Kid's Co' Motion Dance Theater

For dancers ages 8 to 18 (please see our pdf for full details)

8/07-8/11 Monday through Friday 10:00-3:30 Finale performance 4pm Friday

Young Dancer Program through Level 3/4

Creative Movement – 3 yr olds must be 3 by 6/01

Wednesday 4:30-5:00 Kathleen **8wks begins 6/21**

Saturday 10:30-11:00 Kathleen **8wks begins 6/24**

Pre Ballet – 4 yr olds must be 4 by 6/01

Wednesday 5:00-5:45 Kathleen **8wks begins 6/21**

Saturday 11:00-11:45 Kathleen **8wks begins 6/24**

Level 1 – 5 & 6 yr olds must be 5 by 6/01

Wednesday Ballet & Tap 5:45-6:45 Kathleen **8wks begins 6/21**

Saturday Ballet & Tap 11:45-12:45 Kathleen **8wks begins 6/24**

Level 2 - 7 & 8 yr olds must be 7 by 6/01

Monday Ballet, Jazz & Tap 4:30-6:00 Paula/Kathleen

Thursday Hip Hop 5:30-6:15 Charlie **8wks begins 6/22**

Level 3/4 approx. ages 9-11 * There is room to grow within this level. We suggest a young dancer may wish to start off with a ballet class a week and an elective. Older dancers may wish to do a ballet class with several electives. Junior Progressing Ballet Technique (JPT) is a must for young dancers working towards pointe shoes! The sky is the limit it is up to you! * Placement is determined by faculty.

Don't forget Kid's Co-Motion Dance Theater Week! 8/07-8/11

Monday through Friday 10:00-3:30 Finale performance 4pm Friday

(See pdf for full details)

Tuesday Junior Progressing Technique 4:30-5:30 Gigi

Tuesday Jazz 5:30-6:15 Lisa

Tuesday Contemporary 6:15-7:00 Lisa

Thursday Hip Hop 6:15-7:00 Charlie **8wks begins 6/22**

Thursday **NEW** Boys 7:00-8:00 Eddie & Michael

Friday Ballet 4:15-5:30 Paula

Friday Tap 5:30-6:15 Alissa

Level 5/6 on next page...

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Level 5/6 approx. age 12-14

** Pointe dancers must take 2 ballet classes a week plus Senior Progressing Ballet Technique class (SPT) * Placement is determined faculty.* If you are a dancer in this level not quite ready for pointe shoes, we encourage you to take the Pointe classes in soft shoes as preparation towards your goal of being on Pointe.

New to DanzArts and not sure what to take? We are here to help. Simply call or email us and we can help guide you.

Don't forget Kid's Co-Motion Dance Theater Week! 8/07-8/11

Monday through Friday 10:00-3:30 Finale performance 4pm Friday (See pdf for full details)

Monday Senior Progressing Technique 4:30-5:30 Gigi ** pointe dancers must take. If you have not taken this class before you should begin summer in the Junior Progressing Technique class unless otherwise advised*

Monday Level 5-8 Ballet 5:30-7:00 Gigi

Monday **Beginning** Teen/Adult Tap 6:00-7:00 Paula

Monday Level 5-8 Pointe 7:00-8:00 Paula ** with faculty approval*

Monday **NEW** Boy's Dance Class 7:00-8:00 Eddie & Michael

Monday Power Flow Yoga 8:00-9:00 Michael

Tuesday Junior Progressing Technique 4:30-5:30 Gigi ***

Tuesday Level 5-8 Hip Hop 4:30-5:30 Charlie **8wks begins 6/20**

Tuesday Musical Theater 5:30-6:30 Michael

Tuesday Contemporary 7:00-8:00 Lisa

Wednesday Level 5-8 Ballet 4:30-6:00 Paula

Wednesday Level 5-8 Pointe 6:00-7:00 Paula ** with faculty approval*

Wednesday Tap 7:00-8:00 Paula

Wednesday Slow Flow Recovery Yoga 8:00-9:00 Michael

Thursday Strength & Flexibility 4:30-5:30 Charlie **8wks begins 6/22**

Thursday Level 5-8 Ballet 5:30-7:00 Brooke

Thursday Level 5-8 Pointe 7:00-8:00 Brooke ** with faculty approval*

Thursday **New** Jazz/Funk 8:00-9:00 Michael

Friday Pilates for Dancers 4:30-5:30 Alissa

Friday Level 5-8 Ballet 5:30-7:00 Dana

Friday **Beg/Int** Teen-Adult Ballet 6:15-7:45 Eddie & Michael *don't let us scare you off with our advanced ballet classes. This one is for you! Dance is for everyone!*

Saturday Level 5-8 Ballet 10:30-Noon Brooke

Saturday **NEW** Partnering Ballet & Contemporary Noon-1:00 Eddie & Michael ** ballet portion en pointe only with faculty approval*

Saturday Contemporary *Muller* Technique 1:00-2:30 Michael

Level 7/8 on next page...

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Levels 7/8 & Adults approx. age 15 & up *

**At this Level Pointe dancers must take 2 ballet classes a week plus Senior Progressing Ballet Technique class (SPT) * Placement is determined by faculty*
New to DanzArts and not sure what to take? We are here to help. Simply call or email us and we can help guide you.

Monday Senior Progressing Technique 4:30-5:30 Gigi ** pointe dancers must take*
Monday Level 5-8 Ballet 5:30-7:00 Gigi
Monday Beginning Teen/Adult Tap 6:00-7:00 Paula *Don't know a shuffle from a flap? This class is for you!*
Monday Pointe 7:00-8:00 Paula ** with faculty approval*
Monday Power Flow Yoga 8:00-9:00 Michael
Tuesday Level 5-8 Hip Hop 4:30-5:30 Charlie **8wks begins 6/20**
Tuesday Musical Theater 5:30-6:30 Michael
Tuesday Contemporary 6:30-8:00 Paula
Wednesday Level 5-8 Ballet 4:30-6:00 Paula
Wednesday Level 5-8 Pointe 6:00-7:00 Paula ** with faculty approval*
Wednesday Level 5-8 Tap 7:00-8:00 Paula
Wednesday **NEW** Men's Dance Class 7:00-8:00 Eddie & Michael
Wednesday Slow Flow Recovery Yoga 8:00-9:00 Michael
Thursday Strength & Flexibility 4:30-5:30 Charlie **8wks begins 6/22**
Thursday Level 5-8 Ballet 5:30-7:00 Brooke
Thursday Pointe 7:00-8:00 Brooke ** with faculty approval*
Thursday **New** Jazz/Funk 8:00-9:00 Michael
Friday Pilates for Dancers 4:30-5:30 Alissa
Friday Level 5-8 Ballet 5:30-7:00 Dana
Friday Beg/Int Teen-Adult Ballet 6:15-7:45 Eddie & Michael *don't let us scare you off with our advanced ballet classes. This one is for you! Dance is for everyone!*
Saturday Level 5-8 Ballet 10:30-Noon Brooke
Saturday **NEW** Partnering Ballet & Contemporary Noon-1:00 Eddie & Michael ** ballet portion en pointe only with faculty approval*
Saturday Contemporary *Muller* Technique 1:00-2:30 Michael